

Rice and Beans Fundraiser



Tanzania Development Support would like to thank you for sponsoring a rice and bean dinner to help raise funds for the library and community resource center. Enclosed in this packet are directions for putting on a rice and bean dinner fundraiser. This packet includes information about ideas for preparation, duties of volunteers, and advertising. Also included is the menu for the dinner along with cooking directions.

How much you prepare and how much you choose to charge per plate should be determined by your organization. This packet only provides estimates of what other groups have done. Other groups' price for the dinner was based on their community and what they were fundraising for. The amount of food they made was based on how many tickets they sold in advance and how much interest was expressed by the community.

General tips for the kit:

- Plan to get TDS business cards from Kurt Thurmaier at kthur@tdsnfp.org to be placed at the welcome station and/or tables.
- Print the TDS mail information sign-up sheet (ask for it from Brandi Smith). Have a clipboard with a pen to circulate among the tables for people to sign-p while they are eating or waiting for food.
- For help with event planning, publicity, volunteer coordination, etc. contact Brandi Smith at Bsmith@tdsnfp.org.

Preparations

Presentations/ Sell Tickets:

- Reach out to local sister churches in your denomination. Make a presentation at their service and encourage them to come to the event. Their clubs may also be willing to sell tickets in advance.
- Speak to groups within the church to promote the dinner and sell tickets. You can give packets of tickets, along with a description of the fundraiser to the various groups. Example: Confirmation classes, Men's Club, Women's Club, etc.
- Make announcements before services several weeks before the event.
- Reach out to other volunteer organizations within your community to advertise and sell tickets in advance.

Advertisements:

- Send article 3-4 weeks ahead of time to the local newspaper.
- Write an article a week before and place it in the Faith Section of the local newspaper.
- Put notice in weekly bulletins.

- Pass out pamphlets at services and around town.

Dinner:

- Depending on tickets sold in advanced and expressed interest, you will have to estimate how much to prepare.
- At the dinner set up a table at the entrance of the hall to welcome people to the event and sell tickets.

Menu

- Rice and Beans Dish
 - Mixture of beans- Mexican kidney, spicy kidney and kidney beans
 - Rice-close to Spanish rice
- Sliced cucumbers and tomatoes
- Bananas and oranges

Food Needed to be Bought/Donated

50 Batches to Serve 200 (Depends on how many batches you will be making)

- Rice- 100cups cooked
- Beans- 50 cans
- Garlic- **9 bulbs**
- **3lb Onion- 4 bags**
- Celery- 5 bunches
- Parsley- **50 Tbls**
- Butter- 3 lb
- **Bananas/ Oranges- 100 each**
- **Cucumbers- 60**
- **Tomatoes-80**

Recipe for Rice and Beans with Serving Sizes

Red Beans and Rice: 4-1+c. servings

- 2 tbls. butter
- ½ c. chopped onion
- ½ c chopped celery
- 1 clove garlic, minced
- 2 c cooked rice
- 1 can (16oz) kidney beans
- 1 tbls. chopped parsley
- ¼ tsp salt
- 1/8 tsp. pepper

Red Beans and Rice: 25-1+c. servings

- 12 tbs. butter
- 3 c. chopped onion
- 3 c. chopped celery
- 6 cloves of garlic, minced
- 12 c. cooked rice
- 6 can (16 oz.) kidney beans (drain 3)
- 6 tbs. chopped parsley
- 1 ½ tsp. salt
- ¾ tsp. pepper

Directions for Cooking the Beans

In fry pan melt butter. Add onion, celery and garlic and sauté until tender. Stir in rice, kidney beans, parsley, salt and pepper and heat 3 to 5 minutes to blend flavors and heat completely.

Example of Timeline for a Beans and Rice Lunch

8-9:30: (1 ½ hr): Chop Vegetables:

- Onions (26 cups)
- Celery (26 cups)
- Parsley (52 tbs)
- Garlic: minced (52 cloves: 4 on each plate)
- Beans: Open 52 cans
- Drain 26 of those cans
- Mix 2 drained cans of beans with 2 not-drained cans of beans in plastic containers

9:10: Have someone cook the rice at home and bring it in.

9:30-11:30 (2 hr): Make 14 batches (each batch a 4 X Recipe):

1. Sauté vegetables (onion, celery, and garlic until tender) (for 4 X Recipe)
2. Stir in rice, beans, parsley, salt and pepper (for 4 X Recipe)
3. Heat in skillet 3-5 minutes until warm completely through
4. Put mix into warm roaster- stir occasionally

10:30-11:30 (1 hr): Prepare platters of fruits and vegetables:

- Wash and thinly slice tomatoes and cucumbers, alternating on platter
- Sprinkle lightly with dressing

- Quarter oranges (do not peel)
- Depending on size, cut bananas into 2 or 3 pieces (do not peel)

11:15- 11:30 (15 min): Prepare Drinks

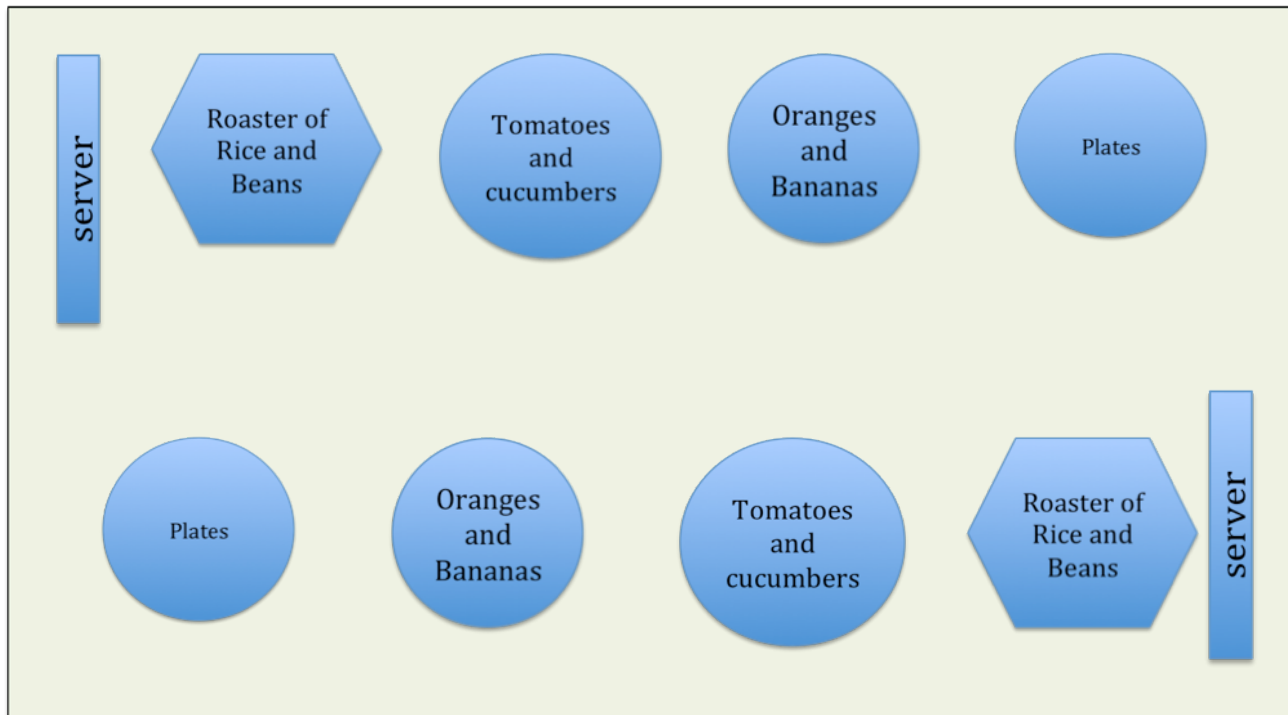
- 3 pitchers of juice from powder (add ice)
- 3 pitchers of water
- Pitchers each of regular and decaf coffee
- Small coffee maker of hot water to be available for tea
- Set tables and serving table (see diagram)
- Cup, napkin and spoon at each place setting (7 per round table, 8 at one rectangular table)

11:30-11:45 (15 min): Service ends

11:30- 2:00 (2 ½ hr): Serve

- Replace food as needed
- Offer drinks at the tables
- Clean place and replace table settings as needed
- Whenever possible: Wash and put away pans and dishes

Layout of Tables



Service Stations for Volunteers at Dinner

Service groups: Besides cooking there are four stations for volunteers to fill. In order to make sure the station is covered at all times, the volunteers should rotate within the group for eating.

Station A. Hospitality:

- Greet people at front door
- Guide people to dining hall
- Sell/take tickets
- Thank people for supporting TDS
- Wash hands in TZ tradition- pouring warm water over hands, then giving towel to dry: before giving them their plates

Station B. Vegetables and Drinks:

- Supply 2 long food tables for choices beyond rice and beans
- Slice vegetables- tomatoes and cucumbers and place on trays
- Cut bananas in 1/2 and oranges into 1/4 and place on trays
- Keep drinks filled- coffee, milk, water, lemonade and on table

Station C. Tables Cleaned and Reset:

- Wash off tables after put dirty dishes in kitchen to be washed
- Place napkins on table along with spoon to eat rice and beans
- Straighten chairs, clean off chairs, centerpiece, etc. as needed

Station D. Clean Up

- Clear tables and support washing dishes
- Organize table decorations to they may be returned to who ever donated them
- Wash tables and countertops in kitchen
- Wash crock-pots and serving dishes
- Dust mop/sweep floors
- Place dishes and silverware in cabinets

Example of a Prayer to be Read Before Dinner

God of our morning and evening,
The rising light and the growing darkness,

Amidst climbing prices and falling supply,
Diminishing water and growing heat,

Guide our going out and our coming in,
Our harvesting and our distributing,

That our days may be illumined by your true light,
Our bowls brimming with your sustaining food,
And our lives overflowing with your abiding love,

In the name of your Son, the founder of our love,
And sustainer of our lives, Jesus Christ our Lord.

Amen

Prayer by Daniel Lee, Lutheran World Relief's Communication Project Coordinator